

BEKIR BERKER ARTUKOGLU, MD

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EDUCATION

- **Acibadem University, School of Medicine, Istanbul, Turkey**
(09/2011 - 06/2017)
- **American Robert College in Istanbul, Istanbul, Turkey**
(2006-2011)

TRAINING

- **Psychoanalytic Association of New York (PANY), Psychodynamic Therapy Training Program**
(09/2021-Present)
- **SUNY Downstate Health Sciences University, Adult Psychiatry Residency Program**
(07/2020-Present)
- **Yale University Postdoctoral Fellowship- Yale Child Study Center**
(12/2017-04/2020)

LEADERSHIP EXPERIENCE

- **Coordinator** (06/2019 – 04/2020)

Yale University Postdoctoral Association,
New Haven, CT

-Founded and coordinated the Arts & Culture Committee at the Yale Postdoc Association to form creative collaborations between students in the art programs and postdocs.

-Organized a psychodrama interest group for postdocs to come together and talk/act out their difficult experiences as professionals in clinical or basic science research.

- **Founding President** (05/2015 - Present)

Tics and Tourette Syndrome Volunteers of Turkey,
Istanbul, Turkey

-Co-founder of the medical student organization.

Projects: Organized conferences on tic disorders and psychiatric comorbidities in five universities in Istanbul. Held bi-weekly support groups for families experiencing Tourette Syndrome (TS). Organized gatherings where individuals with tics enjoyed performing arts. Translated many educational videos and other materials, provided by the American Tourette Syndrome Association to Turkish. Formed collaborations with New Jersey Center for Tourette Syndrome on various projects: Initiated the Global Connection Project to start friendships between Turkish and American children with TS via video calls. Joined the GreaTS project led by Tim Howard to emphasize the strengths of individuals with TS via media and social media. Began the Youth Advocacy Project in Istanbul and trained children with Tourette's so they could give presentations to doctors, peers and community leaders about their personal experiences and TS in general.

TEACHING EXPERIENCE

• **Tutor/Mentor** (09/2018 - 03/2019)

Acibadem University School of Medicine

Istanbul, Turkey

- Initiated an elective course on tic disorders and associated psychiatric comorbidities for junior medical students.
- Delivered weekly lectures as part of this teaching experience.
- Tested the students at the end of the year and tasked students with designing a survey study on risk and protective factors in Tourette Syndrome.
- Provided guidance on international learning/research opportunities through sharing my own clinical and research experiences in the U.S.

WORK EXPERIENCE

• **Member** (1/2022-Present)

The NGO Committee on Migration, Subcommittee on Migrant and Refugee Children -Joined this advocacy group which has a consultative relationship with the United Nations Economic and Social Council to promote Early Childhood Development programs, improve health and education at a young age with a positive influence on future employment, income and health outcomes.

- Collaborating with NYC Council Member Pierina Sanchez to propose legislative ideas such as the formation of a “Department of Early Childhood Education and Care” to better coordinate early development, childcare, and health care services for vulnerable families.

• **Postdoctoral Associate** (12/2017 – 04/2020)

Yale Child Study Center, Yale University

New Haven, CT

Supervisors: *Michael Bloch, MD, James Leckman, MD.*

- Conducting clinical research on novel psychiatric medications.
- Worked in the tic/OCD clinic and have assisted clinicians in psychiatric interviews and making diagnostic/treatment plans.
- Joined the Early Childhood Peace Consortium: a group of scholars who focus on the relationship between peace building and child development.
- As an ECPC member, I authored articles on parenting interventions in humanitarian crises and positive outcomes on parenting stress, responsive parenting and maternal empowerment.
- Participated in the 58th UN Commission on Social Development side events on homelessness and single motherhood which aimed to inform policy makers about the significance of investing in family friendly policies to ensure that every child can realize their full potential.

• **Visiting Medical Student** (06/2017)

Yale Child Study Center, Yale University,

New Haven, CT

Supervisor: *Andres S. Martin, MD.*

- 4 week clinical clerkship at the psychiatric child inpatient unit (Winchester-1).
- Joined a team of psychiatrists, behavioral experts, teachers, social workers and nurses and was involved in an integrative psychiatric care.

• **Visiting medical student (05/2017)**

Connecticut Mental Health Center,

New Haven, CT

Supervisor: *Michael Bloch, MD.*

-4 week clinical clerkship at Yale University

-Worked in an adult psychiatry inpatient unit that had a diverse patient base, allowing me to gain exposure to a broad-range of disorders.

-Performed psychiatric history taking and followed patients with depression, suicidal thoughts, psychosis and substance abuse disorder.

• **Visiting medical student. 04/2017**

Pritzker School of Medicine, University of Chicago,

Chicago, IL

Supervisor: *Mary E. Streck, MD.*

-Completed a 4 week clinical rotation in the Pulmonology Consult Service.

-Performed history taking and physical examination on patients.

-During daily rounds, presented patients to the pulmonology consult service team.

-Prepared hospital admission/progress notes.

-Planned diagnostic/treatment plans, placed orders (cosigned by residents, fellows).

-Reviewed the relevant literature and presented on rounds.

-Attended grand-rounds, didactic lectures of the Department of Pulmonary Medicine.

• **Visiting medical student (06/2016 - 08/2016)**

Yale Child Study Center, Yale University,

New Haven, CT

Supervisors: *Michael Bloch, MD, James Leckman, MD.*

-Completed a 12 week outpatient rotation at the tic/OCD clinic in the Yale Child Study Center. -Joined a team of psychiatrists, clinical psychologists and social workers and participated in psychiatric interviews, allowing me to expand my clinical knowledge on childhood psychiatric disorders such as OCD, tic disorders, ADHD, trichotillomania and autism spectrum disorder.

-Independently conducted psychiatric interviews with children and reported back to the treatment team.

• **Visiting medical student (08/2015)**

Semel Institute, University of California, Los Angeles,

Los Angeles, CA,

Supervisor: *John Piacentini, PhD, ABPP.*

-4 week clinical observership at the Semel Institute for Neuroscience and Human Behavior in UCLA. -Learned about comprehensive and individualized psychiatric practice in the ABC Partial Hospitalization program and studied its diverse components, including academic instruction, family therapy, occupational therapy, along with medical and psychological interventions.

-Assisted clinicians to administer exposure therapy for phobias and in play therapy sessions to help children process and express their thoughts and emotions.

• **Research Assistant (09/2013 - 09/2015)**

AKADEMIK, Center of Psychiatry and Psychotherapy,

Istanbul, Turkey

Supervisor: *Kemal Arıkan, MD.*

-Employed by private clinic to organize data that was used in clinical research articles. -Created a scientific lecture with my supervisor, on the clinical use of brain imaging in psychiatry, which we presented in the 2015 G20 World Brain Mapping & Therapeutic Scientific Summit in Istanbul.

• **Visiting medical student** (08/2014)

International Federation of Medical Students,

Barcelona, Spain

-Completed a 4-week clinical general surgery internship in the Vall d'Hebron Barcelona Hospital.

• **Visiting medical student** (07/2014)

University of Vienna,

Vienna, Austria

Supervisor: Pinar Topsever, MD.

-3 week ERASMUS public health program.

-Studied different public health systems in Europe and around the world.

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

· Vitulano, L.A., Mitchell, J.T., Vitulano, M.L., Leckman, J.F., Saunders, D., Davis, N., Woodward, D., Goodhue, B., **Artukoglu, B.B.**, Kober, H.. (2022, Jun). Parental Perspectives Attention-Deficit/Hyperactivity Disorder Treatments for Children. *Clinical Child Psychology and Psychiatry*. Pub Status: Accepted

· Farhat LC, Vattimo EFQ, Ramakrishnan D, Levine JLS, Johnson JA, **Artukoglu BB**, Landeros-Weisenberger A, Asbahr FR, Cepeda SL, Comer JS, Fatori D, Franklin ME, Freeman JB, Geller DA, Grant PJ, Goodman WK, Heyman I, Ivarsson T, Lenhard F, Lewin AB, Li F, Merlo LJ, Mohsenabadi H, Peris TS, Piacentini J, Rosa-Alcázar AI, Rosa-Alcázar À, Rozenman M, Sapyta JJ, Serlachius E, Shabani MJ, Shavitt RG, Small BJ, Skarphedinsson G, Swedo SE, Thomsen PH, Turner C, Weidle B, Miguel EC, Storch EA, Mataix-Cols D, Bloch MH. Systematic Review and Meta-analysis: An Empirical Approach to Defining Treatment Response and Remission in Pediatric Obsessive-Compulsive Disorder. *J Am Acad Child Adolesc Psychiatry*. 2021 Sep 28, Pub Status: Published.

· Zhou MS, Nasir M, Farhat LC, Kook M, **Artukoglu, BB**, Bloch MH. Meta-Analysis: Pharmacologic Treatment of Restricted and Repetitive Behaviors in Autism Spectrum Disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*. 2021, Jan; Pub Status: Published.

· Britto PR, Hanoz-Penney S, Sunar DG, Ponguta LA, Issa, G, Hein, SD, Rosario MC, Al-Muneef MA, Korucu I, **Artukoglu BB**, Togo Y, Kurbonov J, Choibekov N, Phan HT, Fallon NS, Salah R, Leckman JF. Pathways to a More Peaceful and Sustainable World: The Transformative Power of Children and Families. *Development and Psychopathology*. 2021, May. Pub Status: Published.

· **Artukoglu BB**, Fenghua L, Szejko N, Bloch MH. Pharmacologic Treatment of Tardive Dyskinesia: A Meta-Analysis and Systematic Review. *Journal of Clinical Psychiatry*. 2020, May; Pub Status: Published.

· **Artukoglu BB**, Szejko N. Tarkovsky's Stalker: Existentialism and Mental Health. *Lancet Psychiatry*. 2019, Dec; Pub Status: Published.

· **Artukoglu BB**, Beyer C, Zuloff-Shani A, Brener E, Bloch MH. Efficacy of Palmitoylethanolamide for Pain: A Meta-Analysis. *Pain Physician*. 2017, Jul; 20(5): 353-362. Cited in PubMed; PMID: 28727699. Pub Status: Published.

- **Artukoglu BB**, Bloch MH. The Potential of Cannabinoid-Based Treatments in Tourette Syndrome. *CNS Drugs*. 2019, May; 33(5): 417-430. Cited in PubMed; PMID: 30977108. Pub Status: Published.
- **Artukoglu BB**, Bloch MH. Editorial: Can omega 3 fatty acids improve executive functioning? Will this reduce ADHD and depression? *The Journal of Child Psychology and Psychiatry*. 2018, Jun; 59(6): 615-617. Cited in PubMed; PMID: 29808491. Pub Status: Published.
- **Artukoglu BB**, Bloch MH. Book Forum: Understanding OCD: A Guide for Parents and Professionals. *Journal of the American Academy of Child and Adolescent Psychiatry*. 2018, Jun; Volume 57(Issue 6): 443 - 445. Pub Status: Published.
- Gabriel D, Jakubovski E, Taylor JH, **Artukoglu BB**, Bloch MH. Predictors of treatment response and drop out in the Treatment of Early-Onset Schizophrenia Spectrum Disorders (TEOSS) study.. *Psychiatry Research*. 2017, Sep; 255(-): 248-255. Cited in PubMed; PMID: 28595147. Pub Status: Published.
- Arikian K, **Artukoglu BB**. What Does the Brain Mapping Tell the Psychiatrist in Daily Practice? *The Journal of Neurobehavioral Sciences*. 2016, May; 3(2): 46-47. Pub Status: Published.

BOOK CHAPTERS

- Leckman,J.F., Bloch,M.H., Sukhodolsky,D.G., **Artukoglu,B.B.**, Scahill,L., King,R.A.. (2022). Phenomenology of Tics and Sensory Urges: The Self Under Siege. In D. Martino., J.F.,Leckman (Ed.), *Tourette Syndrome* (pp. 7-26). New York City: Oxford University Press
- Lebowitz,E., **Artukoglu,B.B.**. (2022). Psychoeducational Interventions: What Every Parent and Family Member Needs to Know. In D.Martino., J.F.Leckman (Ed.), *Tourette Syndrome* (pp. 407-421). New York City: Oxford University Press
- Sukhodolsky,D.G., Kalvin,C., **Artukoglu,B.B.**, Eicher,V.W., Leckman,J.F.. (2022). Social and Adaptive Functioning in Tourette Syndrome . In D.Martino, J.F.Leckman (Ed.), *Tourette Syndrome* (pp. 391-405). New York City: Oxford University Press.
- Bloch MH, **Artukoglu BB**, Lenington JB, Szuhay G, Lombroso PJ. (2020, July). Obsessive–Compulsive Disorder. In Rosenberg RN,Pascual JM. (Eds.). *Rosenberg’s Molecular and Genetic Basis of Neurological and Psychiatric Disease*, 6th Edition. Waltham: Elsevier-Academic Press. Pub Status: Published.
- **Artukoglu BB**, Landeros A, Bloch MH. (2019). Impact of Personality Disorders on Parenting. In Grant, JE, Chamberlain SR, Pinto A. (Eds.). *Obsessive-Compulsive Personality Disorder*. American Psychiatric Pub, 2019. (pp. 217-232). Pub Status: Published.

POSTER PRESENTATIONS

- **Artukoglu,B.B.**, Meyers,J.. (2022, May 24). Racial Disparities in Genome-Wide Association by Childhood Trauma Interactions in Major Depressive Disorder [Poster presented]. American Psychiatric Association’s 2022 Annual Meeting/New Orleans, LA, USA.

- Vitulano LA, Kober H, Mitchell J, Vitulano ML, Leckman JF, Saunders D, Davis N, Goodhue B, **Artukoglu BB**. (October, 2018). American ADHD-Treatments for Children: Parental Perspectives., Poster presented at: Academy of Child and Adolescent Psychiatry 65th Annual Meeting; Seattle, WA, USA.
- Vitulano LA, Kober H, Mitchell J, Vitulano ML, Leckman JF, Saunders D, Davis N, Goodhue B, **Artukoglu BB**. (November, 2018). Parental Survey on Attitudes and Utilization of Traditional and Non Traditional Poster presented at: 52nd Association for Behavioral and Cognitive Therapies Annual Convention; Washington ADHD Interventions. D.C., DC, USA.
- Vitulano LA, Kober H, Landeros-Weisenberger A, Katsovich L, **Artukoglu BB**, Guloksuz SA, Wang M, Geoffrion C, Vitulano M, Wexler BE. (October, 2016). Subtype Differences in Child Responders to Integrated Poster presented at: 50th Computer-Presented and Physical Brain-Training Exercises in Attention Deficit Hyperactivity Disorder Association for Behavioral and Cognitive Therapies Annual Convention; New York, NY, USA.
- Vitulano LA, Kober H, Landeros-Weisenberger A, Katsovich L, **Artukoglu BB**, Guloksuz SA, Wang M, Geoffrion C, Vitulano M, Wexler BE. (October, 2016). Value of Parent and Clinician Ratings and Gender Poster Differences in the Predictability of Responses to Integrated Computer-Presented and Physical Brain-Training Exercises presented at: American Academy of Child and Adolescent Psychiatry 63rd Annual Meeting; New York, NY, USA.

ORAL PRESENTATIONS

- **Artukoglu, B.B.**. (2021, December 26). Phenomenology of Tourette Syndrome [Oral Presentation]. Ankara University, Neuroscience Society Conference/Ankara, TUR.
- **Artukoglu BB**. (December 2021), Phenomenology and Treatment of Tourette Syndrome, Presented at Ankara University Neuroscience Society Conference, Turkey
- **Artukoglu BB**, Leckman JF. (June, 2016). Keynote Lecture: Tourette Syndrome and Tic Disorders presented at: the 9th European Conference on Tourette Syndrome and Tic Disorders; Warsaw, POL. • **Artukoglu BB**, Arikan K. (November, 2015). What Does the Brain Mapping Tell the Psychiatrist in Daily Practice?, Presentation presented at: G20 World Brain Mapping & Therapeutic Scientific Summit; Istanbul, TUR.

OTHER ARTICLES

- **Artukoglu BB**, Szejko N, Bloch MH. (2019, August 31). DSM-5 Update: Primary Stereotypic Movement Disorder. Diagnostic , Pub Status: Published. Diagnostic and Statistical Manual of Mental Disorders (DSM)-5

NEWS ARTICLES

- **Artukoglu, BB**. “A Giant in His Field: A Global Tribute to the Life and Legacy of Child Welfare Pioneer, Edward...” Medium, 9 Apr. 2021, <https://ecdpeace-org.medium.com/a-giant-in-his-field-a-global-tribute-to-the-life-and-legacy-of-child-welfare-pioneer-edward-f0146d6b4d0d>.
- **Artukoglu, BB**. Call to Action: “No Street Address”, The Global Magnitude of Children’s Homelessness,

Early Childhood Peace Consortium, 7 Mar. 2021, <https://ecdpeace.org/news/call-actionno-street-address-global-magnitude-childrens-homelessness>.

• **Artukoglu, BB.** “The Promise of Parent-Child Education Programs on Improving Parenting Practices and Reducing Stress in Conflict-Exposed Families.” Yale School of Medicine, Yale School of Medicine, 30 Apr. 2020, <https://medicine.yale.edu/news-article/24352/>.

• **Artukoglu, BB.** Commemorating the 20th Anniversary of the UN Declaration and Programme of Action on a Culture of Peace. by ECPC News | Early Childhood Peace Consortium, 3 Feb. 2020, <https://ecdpeace.org/news/commemorating-20th-anniversary-un-declaration-and-programme-action-culture-peace-ecpc-news>.

• **Artukoglu, BB.** Building The Culture of Peace: U.N. High-Level Forum Calls for Empowering and Transforming Humanity. by ECPC News | Early Childhood Peace Consortium, 17 Dec. 2019, <https://ecdpeace.org/news/building-culture-peace-un-high-level-forum-calls-empowering-and-transforming-humanity-ecpc-news>.